



Fremont Freewheelers Bicycle Club Race Team Member Agreement 2010

FFBC Race Team Inc. is the racing section of the Fremont Freewheelers Bicycle Club (FFBC). We are a non-profit organization (501c registered)

The FFBC Race Team exists to promote the sport of cycling through active participation in NCNCA, USCF and NORBA events. To do this, we will:

1. Support each other in our racing and training and have fun,
2. Contribute to the local racing scene by hosting at least one racing event per season,
3. Educate team members and those interested in the sport of cycling, and
4. Act as ambassadors of goodwill by representing the Race Team, sponsor and the Fremont Freewheelers Bicycle Club through courteous behavior at all times.

I, _____, apply to join the Fremont Freewheelers Bicycle Club Race Team Inc. I have read, understand and will willingly support the goals of the Race Team and fulfill the conditions for membership.

Personal details:

Address:

Home Phone: _____ Work Phone: _____

Home email: _____ Work email: _____

Type of work: _____ Other pastimes: _____

Date of Birth: _____ Racing License #: _____

Racing categories, Road: _____ MtB: _____ Track: _____ Official: _____

Primary racing type (select one): Road / Off-road / Track / Official / Team management

Jersey Size: _____ Shorts or Bib Short (please choose preference) Size _____

Signed: _____ Date: _____



General Membership Requirements

1. FFBC Membership is a prerequisite for joining the RaceTeam. You must maintain membership of the Fremont Freewheelers Bicycle Club (\$20 Club Membership included in cost of Team dues).

* RaceTeam Membership: **Adult Team membership** for 2010 is \$145. This includes the cost of one team jersey, one casual shirt, race team process fee and FFBC membership. Delivery and distribution of 2010 Team Kit will occur in early 2010.

* RaceTeam Membership: **Junior Team membership** for 2010 is \$56. This includes the cost of one team jersey at 50% discount, race team process fee and FFBC membership. Juniors have to join as part of family membership. Delivery and distribution of 2010 Team Kit will occur in early 2010.

NOTE: If you order additional 2010 clothing over the first uniform requirement, the full amount for that clothing will be required at the time of ordering.

2. Minimum participation of each membership type:

- a. Road riders are required to race a minimum of one event in 3 out of the 4 calendar quarters.
- b. Off-road and track riders will have requirements based upon racing a significant span of the available racing calendar.
- c. USCF/NORBA Officials will be required to work our race(s) and at least 3 others.
- d. Team management will provide significant support to the racing members through significant organizational, sponsorship and/or promotion (race event) activities. The non-racing management positions are: Team Manager, Race Promoter, and Sponsorship Coordinator.

3. Mandatory activities: Participation is required in 4 Team activities:

- a. Primavera Support: The RaceTeam will assist the Club's annual Primavera Century. In 2010 the Primavera is tentatively schedule for April 11th, 2010.
- b. Team Fremont / FFBC p/b Chipotle Events: The RaceTeam will organize several events in 2010, ranging from races, speaking engagements and sponsor rides. All Team members are expected to be available to support at least one Team Event.
- c. Team Photograph: Team members are expected to be present for our Annual Team Photograph. Date and Time are TBD.



- d. Club Events and Rides: RaceTeam members are part of the greater club. Participation in Club events and rides goes a long way toward maintaining this relationship.
4. Team Uniform: All Team Members are required to purchase and race in a 2010 Team Uniform unless the team management allows otherwise. Your jersey must be maintained in a presentable condition.
 5. Sponsors: Represent and support our sponsors in a positive manner. We gain from our sponsors – our part of the deal is that we represent them to the best of our abilities.
 6. Race reports: Each team member will inform the Team Captain of all races they attend – it is encouraged that this take the form of a written report to the Team's email distribution list with selected reports being posted on the Team Blog.
 7. Monthly Meeting: Team members are expected to attend the monthly race team meetings. It is courteous to send your apologies in advance to the Team Manager if you will be unable to attend a meeting.
 8. Team Training Rides: Team rides are not a chore – they are there to help you improve your fitness and bicycle skills with a view to racing. You should want to be there – see Team Goal #1.
 9. Helmet: Wear a bicycle helmet approved by the USCF/NCNCA during participation in any activity as a member of the FFBC Racing Team.

Membership Benefits

1. Racing as a Team: Bicycle racing is an exciting activity. Racing as part of a team takes it to the next level – you thought it was fun before – just you wait! For 2010 we have Race Support to a series of Team Targeted Events – see the Incentive Schemes for full details.
2. Team Training Rides: To race as a team requires time together to organize ourselves. What better way than by riding together? The pro's do it and so can we! For the 2009 / 2010 Fall / winter season, we will be employing Larry Nolan, USAC Level 2 coach and multiple national and world champion as our team mentor.
 - a. Winter training rides are progressive in nature to build for the next season.
 - b. Tuesday and Thursday sprints are for interval work to mimic race situations.
 - c. Occasional timed events on local roads allow benchmarking of performance.
 - d. Informal on-season rides keep the interactions going between races.



Membership Benefits (cont.)

3. Team Meetings: Meeting to review our recent racing and planning for the coming races helps focus the mind.
4. Sponsor benefits: Thanks to the generosity of our Sponsors, Team Members are entitled to discounts on products and services from many local businesses. A full list of sponsor benefits is listed on the team web site.
5. Team Clothing: Team clothing is supplied at cost to the Team members.
6. Team Incentives: A number of incentive schemes are available – see the Incentive Schemes document for full details.
7. FFBC Club rides and activities: You are also a member of the wider Fremont Freewheelers Bicycle Club. This entitles you to member discounts at various local bicycle shops – see the monthly e-newsletter, the *Spoke 'n Truth* for full details. Don't forget the other FFBC activities, including picnics, dinners, and club meetings, not least the summer-time Wednesday evening Pizza Rides!



Team incentive Scheme

The requirements to qualify for the incentive scheme are as follows:

1. Join the team
2. Race or Volunteer to help.

The Race Team will pay for all or part of race entries for 2 events per month from March to September. One event must be the team target event for that month. Final list of Team Target Events to be finalized after the NCNCA calendar is confirmed. The other event is at the rider's discretion. Additional races on race day are not covered. Late fees are not covered.

Payment back to riders will be made at the end of year. Actual payment will depend upon funding available.

Lagunitas

We receive 14 cases of Lagunitas product per year. If you are an active racer, and / or volunteer at the teams events and are of an appropriate age, you can receive a portion of this product as it is collected and distributed

Team Nolan Coaching

Access to team training led by a world champion, world record holder, USAC level II certified coach.

Sterling Sports Group

Access to discounted personal training plans. Final plan TBD.

Sports Basement

10% basic discount. Special discount days of 20%. Post ride yummies when we ride out of SB

Chipotle

Free chipotle meal every other month at team meeting at Chipotle Newark, plus occasional Burrito Bucks during the season.

ESPT

You must be an active racer to qualify for one free initial visit followed by discounted visits.

Rudy Project

The "BroMan" deal. Members receive 40% off Rudy products. Available to all members

Cyclepath

20% discount on certain products. TBD.

RockTAPE

We receive a discount on RockTAPE products, plus the team will receive a cash payback based upon the total product bought by team members.

Leopard

We receive a substantial discount on Leopard racing frames.



Race Team - 2010 Fremont Freewheelers Bicycle Club & Race Team

General Membership Application

IN CONSIDERATION of being permitted to participate in any way in Fremont Freewheelers Bicycle Club & its subsidiary, Fremont Freewheelers Race Team, Inc Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, CONVENANT NOT TO SUE the club its administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THE AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Please make checks Payable and mail to: **Fremont Freewheelers Race Team**
741 Pollard Road, #9
Los Gatos, CA 95032

Or alternatively we have a PayPal account you can credit to. Please contact the team treasurer at treasurer@fremonttraceteam.org for details.

NEW -or- **RENEWAL.** **ANNUAL DUES: November 1st to October 31st**

INDIVIDUAL ADULT membership - \$145 (jersey only + Club & Team dues): -or-

INDIVIDUAL JUNIOR membership - \$56 (Club Family membership & Team dues): -or-

Family membership - Club & Team dues + \$6.00 per child

Please list additional family members on Standard Membership Application form.

Total: _____

Name Adult (please print): _____

Signature _____ Date: _____

Address _____ City _____ Zip _____

Email Address _____ Telephone _____

Notes: 1. A signed Minor Release Form (<http://www.fremontfreewheelers.org/docs/Minor.pdf>) is required for each member under the age of 18. **Race Team- 2010**

